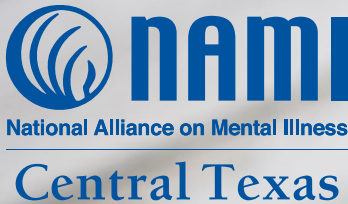




**SAMARITAN CENTER**

The Path to Wellness™

In Partnership with



# Virtual Group

## for Adults with a Mental Health Diagnosis

### You need a safe space to process and build resilience.

Finding your own support helps you process and makes you more resilient to the immediate and long-term challenges of caring for a loved one with a mental health condition. During this group, you will meet with other people with a mental health condition and a licensed therapist. Discussing your experiences with others can help you feel connected to those who share similar life challenges.

The virtual group will be held over a secure and private platform, easily accessible by phone, tablet, or computer. All participants are asked to attend all six groups as it helps ensure group continuity and helps build trust and safety for everyone.

- DATES:** The 6-week groups will start on a rolling basis as they fill
- COST:** \$10 per individual per week  
a limited number of scholarships are available
- PLATFORM:** Video conference
- REGISTER:** Call 512-451-7337, option 8 or email [frontoffice@samaritan-center.org](mailto:frontoffice@samaritan-center.org)  
*Group size limited*