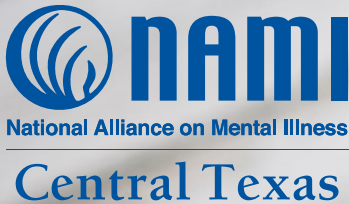




SAMARITAN CENTER

The Path to Wellness™

In Partnership with



Virtual Group

for Adults with a Mental Health Diagnosis

You need a safe space to process and build resilience.

Finding your own support helps you process and makes you more resilient to the immediate and long-term challenges of caring for a loved one with a mental health condition. During this group, you will meet with other people with a mental health condition and a licensed therapist. Discussing your experiences with others can help you feel connected to those who share similar life challenges. The virtual group will be held over a secure and private platform, easily accessible by phone, tablet, or computer. All participants are asked to attend all six groups as it helps ensure group continuity and helps build trust and safety for everyone.

GROUP FOR ADULTS

Wednesdays starting September 16
12-1:30 p.m. | 6 sessions

COST: \$10 per individual per week
cost includes all 6 weeks plus a workbook
a limited number of scholarships are available

PLATFORM: Video conference

REGISTER: Call 512-451-7337, option 8 or email frontoffice@samaritan-center.org
Group size limited